



TRAVEL CHECKLIST

HOME CHECKLIST

- | | |
|---|--|
| <input type="checkbox"/> Arrange for care of pet(s), lawn and house plants | <input type="checkbox"/> Eliminate possible fire hazards (unplug appliances) |
| <input type="checkbox"/> Stop routine deliveries (milk, newspapers, mail, etc.) | <input type="checkbox"/> Lock windows, garage and doors |
| <input type="checkbox"/> Turn down thermostat | <input type="checkbox"/> Empty refrigerator |
| <input type="checkbox"/> Leave keys and itinerary with a friend/neighbor | <input type="checkbox"/> Store valuables in a safe place |

- Book airport taxi/train tickets
- Enquire about any traffic jam / train delays on your airport routes
- Make your home seem lived-in while away by putting lights and radio on timers

PRECAUTIONARY TO-DO LIST

PAPER WORK

- | | |
|--|---|
| <input type="checkbox"/> PASSPORT | <input type="checkbox"/> TRANSPORTATION TICKETS + AIRLINE CARD(S) UPGRADES |
| <input type="checkbox"/> VISA | <input type="checkbox"/> SUFFICIENT AMOUNT OF CASH |
| <input type="checkbox"/> CREDIT CARDS | <input type="checkbox"/> INSURANCE: TRIP CANCELLATION/ MEDICAL |
| <input type="checkbox"/> TRAVELER'S CHECKS | <input type="checkbox"/> SPECIAL EVENT RESERVATIONS (Art, Popular Festivals, Sporting Events) |
| <input type="checkbox"/> ADDRESS BOOK | <input type="checkbox"/> ANY OTHER PERSONAL IDENTIFICATION DOCUMENTS |
| <input type="checkbox"/> TRAVEL JOURNAL, PEN | <input type="checkbox"/> PHOTOCOPIES OF KEY DOCUMENTS |

- | | | |
|---|---|--|
| <input type="checkbox"/> Appropriate Luggage | <input type="checkbox"/> Laptops | <input type="checkbox"/> Reading Materials |
| <input type="checkbox"/> Appropriate Clothing | <input type="checkbox"/> Notebook, Mobile Phone | <input type="checkbox"/> Scarf / Bandanna |
| <input type="checkbox"/> Swimming Costume | <input type="checkbox"/> Camera | <input type="checkbox"/> Cap / Brimmed Hat or Visor |
| <input type="checkbox"/> Comfortable Footwear | <input type="checkbox"/> Adapters + Mobile Chargers | <input type="checkbox"/> Luggage Locks & ID Tags |
| <input type="checkbox"/> Rain Protection | <input type="checkbox"/> Power Banks | <input type="checkbox"/> Batteries for Camera + Flashlight |
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Memory Cards / Pen Drives | <input type="checkbox"/> Playing Cards / Games |

BAGGAGE And BELONGINGS



MEDICATION

- | | |
|---|---|
| <input type="checkbox"/> First Aid Kit | <input type="checkbox"/> Contact Lens Preparation |
| <input type="checkbox"/> Medicines | <input type="checkbox"/> Spectacles |
| <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> Personal Prescription |



TOILETRIES

- | | | |
|---|--|--|
| <input type="checkbox"/> Comb / Brush | <input type="checkbox"/> Deodorant / Perfumes | <input type="checkbox"/> Ear Buds |
| <input type="checkbox"/> Toothbrush / Paste | <input type="checkbox"/> Lip balm | <input type="checkbox"/> Personal Hygiene Items |
| <input type="checkbox"/> Dental Floss | <input type="checkbox"/> Shaving Cream | <input type="checkbox"/> Lotions / Creams |
| <input type="checkbox"/> Shampoo | <input type="checkbox"/> Shaving Razor / Trimmer | <input type="checkbox"/> Sunscreen, After-Sun Lotion |

- | | | |
|---|--------------------------------------|--|
| <input type="checkbox"/> Zip lock Plastic Bags | <input type="checkbox"/> Glue | <input type="checkbox"/> Nail Clippers |
| <input type="checkbox"/> Mini Sewing Kit (place in checked baggage) | <input type="checkbox"/> Camera Lens | <input type="checkbox"/> Earplugs / Earphone |

MAINTENANCE KIT

Common Maintenance, Medication and Toiletry items will be available at

AYURDHAMA AYURVEDA

Old Gate, Sullia, Dakshina Kannada, India 574 239



+91-9880 464 302



www.ayurdhama.com



OTHER THINGS & POINTS

Have you missed out anything? List them here...

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

AT AYURDHAMA

AVAILABLE AT CENTRE

We'll make you comfortable through out your stay here in our centre.

- | | |
|---|---|
| <input checked="" type="checkbox"/> 24 Hours FREE Wi-Fi | <input checked="" type="checkbox"/> Refrigerator |
| <input checked="" type="checkbox"/> Tea Kettle | <input checked="" type="checkbox"/> Television |
| <input checked="" type="checkbox"/> Medicated Bathing Soap | <input checked="" type="checkbox"/> Mineral Water |
| <input checked="" type="checkbox"/> Hair Dryer | <input checked="" type="checkbox"/> 24 Hours Hot-Cold Water |
| <input checked="" type="checkbox"/> International Power Sockets | <input checked="" type="checkbox"/> Laundry (On Request) |



AIRPORT

- 90 KMs. Mangalore International Airport [IXE]
138 KMs. Kannur International Airport [CNN]
182 KMs. Mysore Airport [MYQ]
342 KMs. Kempegowda International Airport, Devanahalli, Bangalore [BLR]



RAILWAY STATIONS

- 37 KMs. Kabaka Puttur Railway Station [KBPR]
48 KMs. Subrahmanya Road Railway Station [SBHR]
60 KMs. Kasaragod Railway Station [KGQ]
85 KMs. Mangalore Railway Station [MAQ]



NAVIGATION

Latitude
12.5724854
Longitude
75.3861881

HAVE YOU ANY QUESTIONS?

AYURDHAMA AYURVEDA

Old Gate, Sullia, Dakshina Kannada, India 574 239



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